



Mary Estrada

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Mary joined CPCD as a Behavioral Health Consultant for CPCD's Early Head Start program in 1997, because of a strong desire to support young families raising infants and toddlers. During this time, she also served Head Start Region 8 as an Early Head Start Mental Health consultant and start-up planner for Otero Junior College's Early Head Start as the program's Mental Health Consultant. She holds a Masters in Social Work from the University of Denver, a post-graduate certification in Infant Mental Health from the School of Infant Mental Health in London, England, and is a certified Pyramid Plus Coach. Mary was promoted to Behavioral Health Manager in 2011 and Child Development Director in 2018.

When Mary isn't working at CPCD, she provides therapy to children and families, hikes, kayaks and camps with her daughters, and writes young adult fiction!